

Waterside Primary Academy
Blackhorse Avenue, Chesham, Buckinghamshire HP5 1QU
Telephone: 01494 786608
Email: office@watersideprimaryacademy.org
Website: www.watersideprimaryacademy.org
Headteacher: Mrs Jacqui Blackmore



Thursday 20th June 2024

Dear Parents/Carers,

I would like to make you aware that from next week children will be covering the Changing Me unit in the Jigsaw scheme. I have given a brief explanation of what each Key Stage will cover below. More detail for each year group can be found on the Snapshot Overview Map on the school website.

EYFS: Bodies, growing up and change

KS1: Life cycles, change, differences between female and male bodies using correct terminology

Lower KS2: Babies, body changes, puberty

Upper KS2: Body image, puberty, conception, relationships

You may find that your child starts asking questions about the topics at home, or you might want to take the opportunity to talk to your child about them before the work is covered in school.

Relationships and Health Education is statutory in primary school and this content makes up the majority of the Changing Me Unit. As it states in our PSHE and RSE policy, you do have the right to withdraw your child from specific lessons that explicitly teach human reproduction.

These are:

Year 4, Lesson 2 (Having a baby)

Year 5, Lesson 4 (Conception)

Year 6, Lesson 3 (Conception, birth)

However, we believe it is of vital importance for children to understand the facts about human reproduction before they leave primary school. The DfE also recommends that children have an age appropriate sex education programme in primary school. If a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in the carefully planned and delivered age appropriate lessons.

If you would like to discuss any of the content or have any questions, please do not hesitate to let me know via the school office.

Many thanks,

Mrs Robinson – PSHE Lead



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