

## Free School Meals

**UNIVERSAL INFANT FREE SCHOOL MEALS** - Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps schools funding.

**FREE SCHOOL MEALS** - Low Income - Are you missing out? To check if you are entitled to Free School meal entitlement ask at your school office.

## Order and pay for meals online

Why not order and pay for lunch online?



<https://www.culineraco.uk/myculinera>  
or scan the QR code

1. Register your child/children
2. Choose your meals and pay online through ParentPay
3. This works for everyone including pupils on Free School meals

## About Culinera

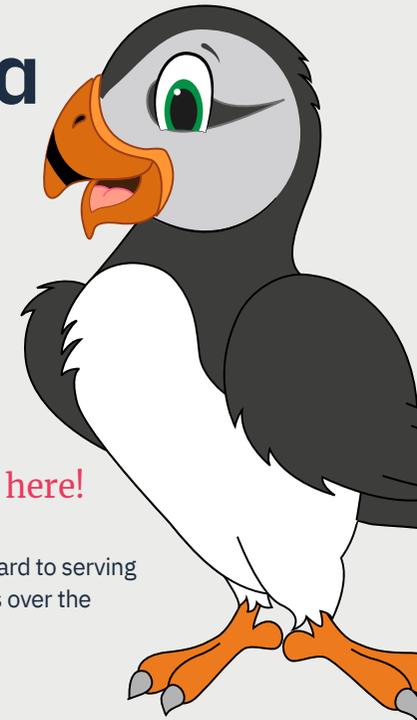
Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day

## Our food

All of our meals are freshly prepared within the school kitchen. Our menus are nutritionally analysed to ensure they meet and, in most cases, exceed standards. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

**culinera**  
feeding the future

# Summer 2022



## Summer is finally here!

Our teams are looking forward to serving you some delicious lunches over the coming months.

## Theme days coming up!

This term we are looking forward to celebrating with Harry Potter and Summer BBQ food



## KEEP IN TOUCH

You can keep up to date with what is going on by visiting our extranet or App. [www.culineraco.uk](http://www.culineraco.uk)

# Summer menu 2022

**Available everyday:** Deli sandwich box/offer, filled jacket potatoes, home baked bread, jelly, yogurt and fresh fruit.

Week	Day	Mains	Sides	Puddings
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Please see ParentPay for dates.

Wk 1	Day	Meat	Vegetarian	Sides	Puddings
This week the deli offer contains vegetable sticks, pasta salad and a sandwich.	<b>Meat free Mondays</b>	Roast vegetable and tomato pasta	Mac and cheese	Carrots, sweetcorn and garlic slice	Iced vanilla sponge
	<b>Italian Tuesdays</b>	Cheese, tomato and pepper panini	Cheese and tomato panini	Baked wedges, salad	Jelly
	<b>British favourites Wednesdays</b>	Roast turkey	Cheese and leek turnover with a tomato and basil sauce 🍴	Roast potatoes, carrots, broccoli	Carrot cake
	<b>Global Thursdays</b>	Mild beef chilli with baked nachos ⚡	Mixed bean chilli with baked nachos ⚡	Savoury rice, mixed seasonal vegetables	Chocolate brownie
	<b>Chip shop Friday!</b>	Baked cod fish fingers	Vegetable sausage 🥬	Chips, baked beans, garden peas	Ginger bread cookie 🥬

Please see ParentPay for dates.

Wk 2	Day	Meat	Vegetarian	Sides	Puddings
This week the deli offer contains vegetable sticks, pasta salad and a sandwich.	<b>Meat free Mondays</b>	Culinera tomato pasta bake	Green pesto pasta 🥬	Garlic bread, salad bar	Chocolate crispy cake
	<b>Italian Tuesdays</b>	Cheese and tomato pizza	Mixed vegetable pizza	Baked wedges, mixed seasonal vegetables	Fruit salad 🥬
	<b>British favourites Wednesdays</b>	Baked chicken sausage and gravy	Baked vegetable sausage and gravy 🥬	Mashed potato, carrots, broccoli	Strawberry mousse
	<b>Global Thursdays</b>	Spaghetti bolognese	Vegetable bolognese ⚡	sweetcorn and peppers	Chocolate cookie
	<b>Chip shop Friday!</b>	Baked battered fish	Mixed bean burger 🥬	Chips, garden peas, baked beans	Flapjack 🥬

- Key**
-  Vegan
  -  Wholemeal
  -  Oily Fish
  -  Added Plant Power

WE HAVE

# 7

*main menu choices*

available per day

WE HAVE

# 4

*pudding choices*

available per day

WE OFFER A SELECTION OF

# DAILY

*Deli boxes*



FRESH FRUIT AND SALAD ARE AVAILABLE

# daily

**ALLERGY INFORMATION**

We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. If your child has an allergy or intolerance, please speak to your child's school or the Cook Manager on site for information. **Forms are available through our website or via the school.**