

Early Years: Pack 2

Handwriting activities for children and parents to use at home

Pupil log-in details

Username:

Password:

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Teachers! Write your pupil log-in details in here.

Gross Motor Skills Warm-up Exercises

- Select [Resources > Warm up > Gross Motor Skills](#).
- Click on one picture at a time, follow the instructions and get moving!



Fine Motor Skills Warm Up Exercises

Try these exercises to get your fingers and hands ready for handwriting:

- Select [Resources > Printouts > Warm up](#).
- Practise the actions on Fine Motor Skills.

How to hold your pencil

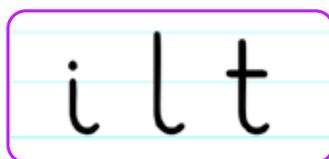
Find out how to hold your pencil correctly:

- Select [Resources > Warm up > Tripod Grip](#) and listen to Pencil Grip Rhyme.
- Practise picking up your pencil while saying the rhyme.
- Now write your name neatly.

Easy Letters

Learn how to write some easy letters:

- Select Easy Letters and choose i, l, t.
- Click 'Watch' to see how to write each letter.
- Try air-writing each letter as you watch.
- On a tablet or iPad, click 'Try' to trace each letter.
- Trace over the i, l, t letters on the worksheet.



For extra practice:

- Repeat with the other Easy Letters and copy them onto your handwriting paper.
- Trace the letters in Magic Words in the 'Fun' section.
- Practise writing the letters in a sensory tray.



Easy Words

To practise some easy words:

- Select Easy Words and choose i, l, t.
- Click 'Watch' to see how to write each word.
- Try air-writing each word as you watch.
- On a tablet or iPad, click 'Try' to trace each word.
- Trace over the i, l, t words on the worksheet.

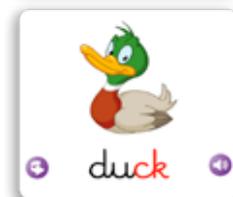
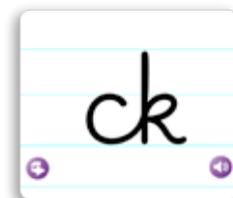


For extra practice:

- Repeat with the other Easy Words and copy them onto your handwriting paper.
- Use Magic Words in the 'Fun' section.
- Practise writing the words in a sensory tray.

Phonics

- Select [Phonics > Phase 2](#).
- Listen to each sound on its own and in a word.
- Click 'Watch' to see how to write the letters for each sound.
- Try air-writing the letters as you watch.
- On a tablet or iPad, click 'Try' to trace the letter(s).
- For more practice, play PhonicsMatch or Phozzle in the 'Fun' section.



For extra fun:

- Make a ribbon stick to air-write the letters and words.
- Play the Dice game.
- Use pasta, beads, ribbons or other objects to make the letter shapes.



Tripod Pencil Grip

How to hold a pencil correctly for handwriting.

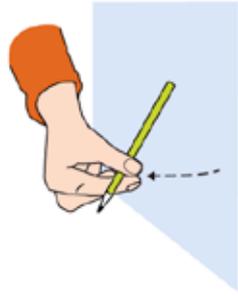
Right handed grip



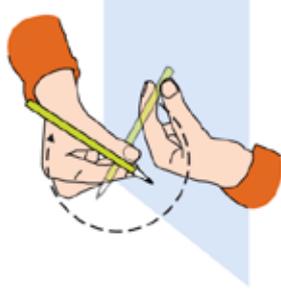
1. Point away the pencil,



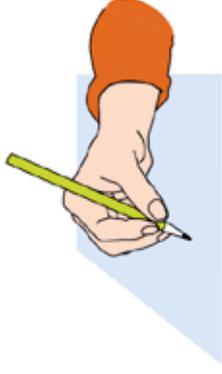
2. Pinch it near the tip,



3. Lift it off the table,



4. Spin it round...



5. ...and grip.

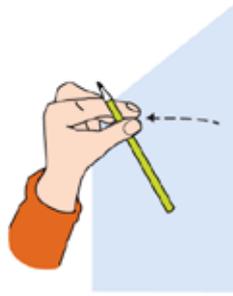
Left handed grip



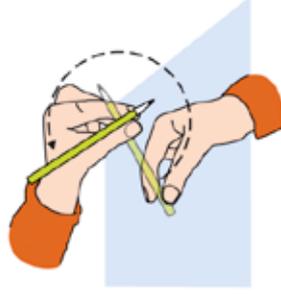
1. Point away the pencil,



2. Pinch it near the tip,



3. Lift it off the table,



4. Spin it round...



5. ...and grip.

a b c d e

f b f g h

i j k k l m

n o p q r s

t u v w w

x x y z z

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How to make a Ribbon Stick

You will need:

- A4 paper
- coloured ribbon or strips of crepe paper
- sticky tape
- scissors
- coloured pencils, crayons or felt tips

How to make:

1. Tightly roll the paper lengthways to make your stick.
2. Stick down the edge with tape.
3. Decorate your stick and write your name on it.
4. Cut long lengths of crepe paper or ribbon.
5. Attach a few to your stick with tape.
6. Now you are ready to wave your stick around to make patterns and shapes.



Blank handwriting practice lines.