



P.E. LONG TERM PLAN (updated 2025-26)

Year Group	Autumn	Spring	Summer
2 Year Olds			
Nursery 3-4			
Reception	Ball skills & Playground Games	Gymnastics & Ball skills 2	Striking and fielding & Athletics
One	Invasion Games & Net and Wall Dance	Hockey & Gymnastics Tennis	Striking and fielding & Athletics Multi skills
Two	Invasion Games & Net and Wall Tennis	Hockey & Gymnastics Dance	Striking and fielding & Athletics Cricket
Three	Football & Netball Dance	Hockey & Gymnastics Tennis	Striking and fielding & Athletics Cricket
Four	Football & Netball Dance	Hockey & Gymnastics Rounders	Striking and fielding & Athletics Tennis
Five	Football & Netball Tennis	Tag Rugby & Gymnastics Dance	Cricket & Athletics Rounders
Six	Football & Netball Dance	Tag Rugby & Gymnastics Tennis	Cricket & Athletics Rounders